From last point	Cum. Dist	STAGE 1 (28 miles)
0	0	L from HQ towards railway station
0.1	0.1	1st L Station Rd & then immed. L onto New Rd
0.1	0.1	1st R Richard Cooper Rd
0.3	0.4	R at T sp Footherley
0.5	0.9	R at T sp Lower Stonnal, Footherley Lane
0.4	1.2	1st L no sp
1.3	2.5	1st L by Aldridge to Shenstone sp (way not marked, Forge Ln to Lt Aston)
1.4	3.9	R at T onto A454 in Little Aston (opp Roman Road)
0.4	4.3	1st R no sp, Mill Lane
0.3	4.6	1st L Forge Lane
0.3	4.9	R at T onto A452 (take care, busy road)
0.0	4.9	Immed. L Hobs Hole Lane
1.2	6.1	SO at X into Leighswood Ave
0.3	6.4	2nd exit at RB Leighswood Ave
0.2	6.6	R at T no sp & continue over canal bridge onto Stubbers Green Rd
1.1	7.7	2nd exit at RB
0.2	7.9	SO at TL sp Pelsall , Mill Rd
1.1	9.0	R at TL Norton Rd (B4154)
0.7	9.7	SO at TL by fingerpost, sp B4154 Hednesford, Norton Rd
0.7	10.5	1st L after Fingerpost pub sp Fishley Park
1.3	11.8	L at T (by 7.5T weight limit sign) no sp
0.5	12.3	2nd R no sp (opp. Jacobs Hall Lane)
0.7	13.0	R at T (in Great Wyrley) sp Cannock 2, Walsall Rd
0.5	13.5	L (opp. Esso Garage) sp Cheslyn Hay B4156, Station Rd
0.2	13.6	2nd exit at mini RB (12' 9") ht restriction sp
0.2	13.9	R after railway bridge Littlewood Lane
0.2	14.0	L at T no sp following one way sign
0.2	14.2	R at T no sp
0.4	14.6	2nd exit at RB sp Cannock (A5)
0.2	14.8	L Vine Lane (opp. Lakeside Plaza) & go thro. Retail Park to A5
0.3	15.2	L at T onto A5 (take care on busy)
0.6	15.8	2nd exit at RB sp Wolverhampton A460
0.3	16.1	1st R Wood Lane (in Wedge Mills), & cont. thro Gt Saredon
1.2	17.3	R at T Saredon Lane sp Calf Heath
0.5	17.8	L at T Four Crosses lane (& go through Calf Heath)
1.3	19.1	L at T Vicarage Rd
0.8	19.9	SO at TL Four Ashes Rd
1.3	21.2	L at T Four Ashes Rd sp Brewood
0.9	22.1	R at T Sandy Lane & thro. Village Centre & over Grand Union Canal
2.1	24.1	L Foxes Lane no sp (soon after The New Inns on L)
0.5	24.6	R at T no sp, opp. White railing fence
0.8	25.3	R at T sp Bishops Wood 1
0.1	25.4	1st L sp Boscobel House & cont. over M54 bridge
2.7	28.0	R Sydnal Lane to Tong & Spiders Web Café on L

From last point	Cum. Dist	STAGE 2 (25 miles)
0.0	28.2	Cont. along Sydnal Lane
0.2	28.4	SO at TL sp RAF Cosford & Museum
0.8	29.2	Go past RAF Cosford mus'm over railway bridge & cont. on Neachley Lane
2.0	31.3	L at T sp NCN 81 Shifnal 2
1.4	32.7	3rd exit at RB (in Shifnal) Curriers Lane
0.4	33.1	R at T (by The Beehive Pub) sp NCN 81 Telford 5
1.9	35.0	Cont. under M54 bridge to junction with A5
0.0	35.0	SO at X sp Sheriffhales B4379 (take care)
1.6	36.5	L sp Lilleshall, Lilyhurst Rd
2.7	39.2	R Church Rd (by Lilleshall stone marker & just before bus shelter)
1.2	40.5	2nd exit at RB sp Brockton & Edgmond
2.2	42.7	L just past church in Edgmond , School Rd
0.7	43.3	SO at X past Harber Adams University
2.3	45.6	R at T sp Hinstock 3
1.9	47.6	50 at X sp Sambrook
0.8	48.4	L sp Ellerton (on RH bend in Sambrook & just after Sambrook House)
2.8	51.2	R at T no sp
0.7	51.9	R at T sp Cheswardine
		(please note we can NO LONGER eat own lunch at Wharf Tavern)
0.7	52.6	R again at T sp Cheswardine
		(please note we can NO LONGER eat own lunch at Fox & Hounds)

Key

L = turn left SO = straight over
R = turn right TL = traffic lights
T = T junction RB = round about X = Cross roads sp = sign post

Places in Bold Type are visited

OS Landranger maps covering this route: 127, 128 & 139

NORTH BIRMINGHAM CYCLING UK 100 miles in 8 or 10 Hours - West to Cheswardine Sunday August 6th 2017

From last point	Cum. Dist	STAGE 3 (21 miles)
0.6	53.2	L into Church Lane opp. Pub sp Doley
0.3	53.5	R at T sp Doley
3.9	57.4	Cont. on road following signs to Bishops Offley
0.1	57.5	R sp Shebdon 3 (by white railing fence & just after fuel station)
0.2	57.7	1st L no sp
0.2	57.9	Keep R at small grass triangle
0.6	58.5	Keep R at next small grass triangle (care, gravel on road)
0.6	59.1	SO at X sp Whitley Heath (obscured by tree), Horsley Rd
1.8	60.9	R at T onto A519 sp Woodseaves 1 1/2
0.3	61.2	1st L sp Knightley & Gnosall , Gorse Lane
0.5	61.7	L at T sp Gnosall
0.3	61.9	1st R sp Gnosall 3
2.6	64.5	R at T Audmore Rd
0.4	64.9	L at mini RB, Stafford Rd
0.4	65.3	2nd exit at mini RB to cont. on A518 Stafford Rd
2.0	67.3	Cont thro. Haughton on A518
0.7	68.0	R sp Bradley , Bradley Lane
1.6	69.5	(Bradley Lane becomes Levedale Rd in Bradley)
1.6	71.2	Follow Rd to Levedale
0.0	71.2	R at T op Bank House Cottages
2.0	73.2	R at T sp A449 Wolverhampton & into Penkridge
0.3	73.5	1st L Mill St

From last point	Cum. Dist	Stage 4 (26 miles)
0.4	73.9	SO at mini RB
3.8	77.7	SO at X sp Brockton & Milford (take care on busy A34)
1.7	79.4	2nd exit at mini RB sp Rugeley (A51)
0.1	79.5	Immed. L Fork sp Tixall & Gt Haywood
0.1	79.6	L at T sp Tixall 1 , Gt Haywood 3
1.0	80.5	R at T (by oblisk) sp Gt Haywood 2
2.1	82.6	2nd exit at mini RB sp Lt Haywood
1.4	84.0	Cont. thro. Colwich to A51
0.3	84.3	R at T (busy A51) sp Rugeley A51
0.4	84.7	L after Wolseley Bridge sp Bishton & Colton 2
1.6	86.3	R at T sp Colton & Rugeley
0.2	86.4	L on RH bend sp Colton 1/2 into Bellamour Way
0.5	86.9	2nd exit at mini RB sp Blithford 2 1/4 into Hollow Lane
0.9	87.8	L at T no sp (to Blithbury)
1.0	88.8	R at T opp. 'The Bull & Spectacles', no sp
1.5	90.3	Continue thro. Hill Ridware & follow signs A513 Rugeley to Armitage
1.5	91.9	L after canal bridge sp Lichfield (A515), Uttoxeter Rd
0.2	92.1	L at T sp Lichfield 5 (A515)
0.1	92.2	1st exit at mini RB
1.8	94.0	R at T sp Lichfield A515
1.4	95.4	1st exit at RB sp Lichfield A51
0.5	95.9	SO at TL
1.1	97.0	2nd exit at RB sp Tamworth A51
0.3	97.3	3rd exit at RB sp Walsall A461
0.2	97.5	1st exit at RB Chesterfield Road & pass under railway bridge
0.4	97.9	On LH bend take short path on R thro to dual carriage way (A461)
0.0	97.9	R then immed. L into Claypit Lane
1.2	99.1	Continue thro. Wall to Shenstone
1.2	100.3	L at T sp Shenstone , Lynn Lane
0.3	100.6	Over railway bridge to HQ on R to finish

Key