



North Birmingham: Generic Risk Assessment March 2026

Hazard	Mitigation Measures	Person Responsible	Severity	Likelihood	Risk Score
Equipment	Cycles must be roadworthy and inspected before each ride.	Rider	3	1	3
Clothing	Riders must wear appropriate clothing subject to the weather conditions. It is strongly advised to wear a hard helmet meeting recognised standards.	Rider	3	1	3
Adverse Weather	Rides are assessed before the start considering the forecast and cancelled in the event of temperature below 4deg C (ice risk) or in the case of high wind. High temperature may also be considered. Exceptionally the ride may be halted or rerouted if unsafe to continue.	Leader	2	1	1
Planned Routes	On familiar routes known to riders it is assumed that no special assessment is necessary. These generally avoid known hazards but riders should follow traffic rules and obey signals and signs, continually assessing traffic conditions. Riders and Leaders should make dynamic assessments during the ride and notify other riders of specific hazards, i.e. potholes.	Rider / Leader	3	1	3
Fitness / Medical Conditions	Riders should ensure that they are fit to participate in a ride.	Rider	3	1	3
Emergency Contacts	Riders should carry an emergency contact telephone number. It is advised to enable a smartphone with details accessible without a passcode.	Rider	2	1	2
Rider Ability	Riders should appraise themselves of the ride pace and distance before starting. The Club offers rides of varying intensity and it is advised to join an appropriately matched group.	Rider / Leader	2	1	2
Fatigue / Illness	Riders should carry water and nourishment suitable for the ride. Rides are planned with a refreshment stop notified before the start. If a rider becomes significantly fatigued or ill, the leader should be informed immediately.	Rider / Leader	2	1	2
Group size	The recommended group size is 6 - 10 riders. Larger numbers should be split into smaller groups.	Leader	2	1	2
Collision with Other Riders	The Highway Code allows cyclists to ride 2 abreast where it is safe to do so, however riders should revert to single file in busy traffic. Riders should avoid overlapping wheels and passing on the inside of other cyclists.	Rider	3	1	3
Group Rides	Cycling UK operates group rides and no person should be dropped. Riders should communicate to the leader any person being left behind and the group should stop to regroup and adjust pace. Leaders should do a headcount at each regrouping.	Rider / Leader	2	1	2
Emergencies	In the event of an emergency both the affected rider and the other group members should be put in a position of safety and the emergency services notified immediately. Leaders are not First Aiders.	Leader	3	1	3

Assessment Level

1 No injury 1 Unlikely 1-3 Low
 2 Medium injury 2 Likely 4-5 Medium
 3 Severe injury 3 Highly likely 6-9 High